

RSHE RSE Yearly Planning Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y3	Pupils can identify the difference secrets and surprise, knowing when it is right to break confidence and share a secret	Pupils understand the right to protect their body from unwanted touch	Pupils can recognise a wide range of relationships, including the attributes of positive, healthy relationships	Pupils can challenge gender stereotypes, understanding that there is not one way to be a boy or one way to be a girl.	Pupils know how their body may change as they grow and develop, how to care for their body and celebrate their uniqueness.	Pupils can identify their strengths and set aspirational goals for themselves, understanding how this contributes to high self-esteem.
Y4	Pupils can recognise when they may need help to manage a situation and have developed the skills to ask for help.	Pupils know that marriage is a commitment freely entered into by two people and that no one should marry if they absolutely don't want to or are not making the decision freely for themselves.	Pupils are able to judge what kind of physical behaviours and contact are acceptable and unacceptable, and ways to respond.	Pupils recognise differences and similarities between people arise from a number of factors inc. family and personal identity.		Pupils can recognise and respond to a wide range of emotions in themselves and others, and ways to respond.
Y5	Pupils have considered how to manage accidental exposure to explicit images, and upsetting online material, including who to talk about what they have seen	Pupils have strategies for keeping safe online; knowing personal information including images of themselves and others can be shared without their permission	Pupils can identify healthy relationships and recognise the skills to manage and maintain healthy relationships	Pupils know the correct terms associated with identity and sexual orientation, and the unacceptability of homophobic and bullying	Pupils can appreciate how their body may change as they approach and move through puberty.	Pupils can anticipate how their emotions may change as they approach and move through puberty.
Y6	Pupils develop the confidence and skills to know when, who and how to ask for help independently, or with support.	Pupils can recognise how images in the media, including online, do not always reflect reality and can affect how people feel about themselves.	Pupils realise the nature and consequences of discrimination, including the use of prejudice-based language.	British Values - what they are and why they are important	Pupils can explain what sexual intercourse is and how this leads to reproduction, using the correct terms to describe the male and female sexual organs.	