

What is ADHD?

ADHD, or Attention Deficit Hyperactivity Disorder, is a neurodevelopmental condition that affects a child's ability to concentrate, control impulses, and manage their energy. Symptoms, which often appear before age 12, include difficulties with paying attention, being easily distracted, restlessness, and acting without thinking. These symptoms can interfere with daily life, learning, and social relationships.

<https://www.youtube.com/watch?v=YeamHE6Kank>

I am worried about my child.

If you're worried that ADHD may be affecting your child, talk to their teacher about your concerns. At Falcon there are lots of strategies and support that can be put in place to help your child manage their needs. The teacher may decide to complete an APDR (assess, plan, do review) document for your child to track the support that they are giving.

If you are still worried or you think your child needs additional support, you may want to make an appointment with a GP.

How do I know if my child has ADHD?

If after a discussion with school and your GP you would like to have your child assessed for ADHD then your GP will support you with this.

The assessment will be with one or more ADHD specialists, such as a pediatrician, or a child and adolescent psychiatrist.

The specialist will talk with you and your child to find out more about any symptoms, and about family life. They'll ask about your child's development, such as how old they were when they learned to do things like walking and reading.

There may be some forms to fill out as part of the assessment.

The ADHD will contact the school SENDCo or teacher to see how your child is doing in school.

If your child is diagnosed with ADHD, the specialist will discuss what this means and what happens next, including what treatment and support is available.

<https://www.adhdfoundation.org.uk/resources/parents-carers-adhd-diagnosis-journey-video>

Links

<https://www.adhdfoundation.org.uk/>

<https://www.adhdnorfolk.org.uk/>