

## RSHE PATHS Yearly Planning Overview 2023 -2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
National Days	Black History Month 1st-31st Oct	Anti-Bullying Week 14th-18th Nov	Mental Health Week 6th-12 Feb	Silly Sock Day 31st March Downs Syndrome Day 21st March	World Environmental Day 5th June	Bystanders Day of Welcome mid-June
Themes	Emotions RESPECT	KINDNESS	Respectful relationships RESILIENCE	Mental Wellbeing POSITIVITY	ASPIRATION	CREATIVITY
Y3	Positive Classroom Environment:	Falling out and making up	Feelings in Relationships	Five Ways to Wellbeing: Learn	Feelings about School	
Y4	Getting Started, Feelings and Relationships	Feelings and Relationships:	Making Good Decisions.	Five Ways to Wellbeing:	Problem Solving	Coping with Difficult Problems
Y5	Getting Started and Introduction	Problem Solving	Goals and Identity	Making and Keeping Friends	Being Caring and Responsible for Others	Being Caring and Responsible for Others
Y6	Getting back to PATHS	Conflict Resolution	Respect	Study Skills & Five ways to Wellbeing	Study Skills	Endings and Transitioning