

### Physical Education Yearly Overview 2023 - 24

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y3	AM	Fundamentals	Dance	Gymnastics	Ball skills	Tennis	OAA
	PM	Health & fitness	Invasion Games	Invasion Games	Catch up/ competitive games (Spring)	Athletics	Striking and fielding
Y4	AM	<b>One group swimming</b>  Ball skills	<b>One group swimming</b>  Dance	<b>One group swimming</b>  Gymnastics	Catch up gymnastics due to swimming	Tennis	OAA
	PM	Health & fitness	Invasion Games	Invasion Games	Catch up and competitive games (Spring)	Athletics	Striking and fielding

Y5	AM	Yoga	Dance	Gymnastics	<b>One group swimming</b> Short unit of dodgeball	<b>One group swimming</b> Volleyball	<b>One group swimming</b> Sport Education (goalball)
	PM	Health & fitness	Invasion Games	Invasion Games	Sport Education (Matball)	Athletics	OAA
Y6	AM	<b>One group swimming</b> Yoga	<b>One group swimming</b> Dance	<b>One group swimming</b> Gymnastics	<b>One group swimming</b> Catch up gymnastics & swimming	Badminton	OAA
	PM	Health & fitness	Invasion Games	Invasion Games	Striking/fielding	Athletics	Striking and fielding