



The **Benjamin** Foundation

Working in partnership with



Parent Support Adviser (PSA)

Parenting can be hard and sometimes things can get tough.

As your Parent Support Advisor, I am here to listen and support your family and to deal with any issues or concerns you may be facing. I may not have all the answers, but together we can explore ways forward.

These are just some of the things a Parent Support Adviser can offer support with:

- ✚ General support in areas such as SEND, Behaviour, Young Carers, Attendance, Mental Health, Physical Health, Housing, Finance, community engagement and much more
- ✚ Short and full referrals available as well as 1:1 drop-in sessions
- ✚ In-person meetings, home visits, over the phone or via Teams
- ✚ Information and signposting to services and other agencies available to support you and your family
- ✚ Foster positive relationships between home and school

If you feel that you would like to meet me for an informal chat my contact details are:

Julie Barnes

Parent Support Advisor and NIDAS Domestic Abuse Champion

Mobile: 07471033672

e-mail: Julie.barnes@benjaminfoundation.co.uk

Monday & Tuesdays, Term time only



The **Benjamin** Foundation

Find out more about The Benjamin Foundation by visiting our website: www.benjaminfoundation.co.uk

Reg. Charity No. 1124936