

Physical Education Yearly Overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y3	AM	Fundamentals	Dance	Gymnastics	Ball skills	Tennis	OAA
	PM	Health & fitness	Invasion Games	Invasion Games	Catch up/ competitive games (Spring)	Athletics	Striking and fielding
Y4	AM	One group swimming Ball skills	One group swimming Dance	One group swimming Gymnastics	Catch up gymnastics due to swimming	Tennis	OAA
	PM	Health & fitness	Invasion Games	Invasion Games	Catch up and competitive games (Spring)	Athletics	Striking and fielding

Y5	AM	Yoga	Dance	Gymnastics	One group swimming Short unit of dodgeball	One group swimming Volleyball	One group swimming Sport Education (goalball)
	PM	Health & fitness	Invasion Games	Invasion Games	Sport Education (Matball)	Athletics	OAA
Y6	AM	One group swimming Yoga	One group swimming Dance	One group swimming Gymnastics	One group swimming Catch up gymnastics & swimming	Badminton	OAA
	PM	Health & fitness	Invasion Games	Invasion Games	Striking/fielding	Athletics	Striking and fielding