



£1.30 = 25p per pack.

Ingredients

INGREDIENTS: **Wheat** Flour, Olive Oil, Yeast, **Barley** Malt Extract, Salt.

Allergy Information

- May contain sesame seeds and milk. Prepared to a vegan recipe, not suitable for milk allergy sufferers because this allergen is present in the environment, For allergens, including cereals containing gluten, see ingredients in bold.



£1.40 into packs – at 20p each pack of 3

Ingredients

Wholegrain **Oats** (71%), Cheese (15%) (**Milk**), Sustainable Palm Fruit Oil, Sea Salt, Raising Agent: Sodium Bicarbonate

Allergy Information

- Our factory is Nut free and our recipe is Wheat and Nut free., We cannot guarantee that our ingredients are Wheat and Nut free. For allergens, including Cereals containing Gluten, see ingredients in bold.



£ 1.30 = 15p per box

Energy
170kJ
40kcal



1.20 = 25p each

INGREDIENTS: Oats (44%), Invert Sugar Syrup (29%), Palm Oil, Skimmed **Milk**, Sugar, Brown Sugar, Rapeseed Oil, Coconut Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavouring.

Energy
599kJ
143kcal



1.25 = 15p each

INGREDIENTS: Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Sugar, Pasteurised **Egg**, Water, Concentrated Butter (**Milk**) (5%), Rapeseed Oil, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Yeast, Dried Skimmed **Milk**, Salt, **Wheat** Gluten, Hydrolysed **Wheat** Protein, Thickener (Carboxymethylcellulose), Flavouring, **Milk** Proteins, Colour (Beta-Carotene), Antioxidant (Ascorbic Acid).

Energy
464kJ
110kcal



1.0 = 20p each

INGREDIENTS: Sultanas, Dried Apricot, Rice Flour, Sunflower Oil.

Energy
247kJ
58kcal



1.10 = 20p per bag

INGREDIENTS: Maize, Sugar, Rapeseed Oil, Salt, Emulsifier (Sunflower Lecithins).

Energy
286kJ
68kcal



1.79 = 15p each

Ingredients

Wholegrain Rice (35%), Maize (with germ removed), Sugar, Caramel Flavour [Flavourings, Colour (Sulphite Ammonia Caramel)], Sunflower Oil, Colour (Annatto Norbixin), Emulsifier (**Soya** Lecithin), Salt

Energy
216kJ
51kcal



Price 10p each?

INGREDIENTS: Brown Rice (34%), White Rice (25%), Corn Grits, Rapeseed Oil, Salt, Flavouring, Rice Flour, Maltodextrin, Sugar, Acidity Regulators (Citric Acid, Calcium Phosphate), Coconut Oil, Emulsifier (Acacia Gum).

Energy
125kJ
30kcal